

******* Change of Date*******

OSIERLEA SPRING CONFERENCE

“The Power of Position to gain Mechanical Advantage” Saturday & Sunday

May 4-5, 2019

9 AM to 4 PM – Registration begins at 8:30 AM

Though based on Dressage Principles, riders of all disciplines are welcome!

Two days of lectures, demos, participation, & handouts! Presenters include the following

Matt Durham, DVM, DACVSMR – Board Certified in Equine Sports Medicine and Rehabilitation, he is based at the prestigious Steinbeck Country Equine Clinic on the central California coast. He received his Doctorate from the University of California, Davis, and, was awarded a fellowship at the famous New Bolton Center at the University of Pennsylvania. He has taken a special interest in the function and soundness of the hind legs.

J. Ashton Moore - Grand Prix Dressage trainer, instructor & competitor; Senior Dressage Judge; Sporthorse Breeding Judge; FEI Official International Vaulting Judge; Director of Judges' forums in 8 countries; Driving trainer & competitor; Bronze Medalist of the Imperial Society of Teachers of Dancing of London; Martial Arts competitor. Involvement in 4 sports at high level has led him to a keen interest in human and equine biomechanics.

Laurel von Bruun - Grand Prix competitor & trainer; R Dressage Judge, Quadrille trainer & clinician, Ballroom Dance Instructor. Her exposure to several sports and equestrian disciplines have led her to an interest in correct biomechanics, and to be an advocate for the horse. Her motto is “Put the horsemanship back into dressage”.

A good position is essential - it provides the power of “Mechanical Advantage” By attending the conference, you will also learn:

- how the principles of physics that govern all sports, apply to good riding***
- the six physical influences of the rider***
- about establishing a “state of readiness” for both horse and rider***
- the difference between a “learned response” and “mechanical effect”***
- the difference between “aids” and “aid systems”***
- the difference between stability, suppleness, and sloppiness***
- what “balance” actually means***
- the difference between “being THE influence” Vs “being influenced”***
- what is meant by the terms “Biomechanics,” “Mechanical Advantage,” and “Mechanical Mode” (and why to avoid mechanical devices)***
- what’s wrong with current dressage jargon***
- rider dynamic for each gait***

Light lunch will be available at Osierlea on both days.

Immediately following the Saturday session there will be an open discussion, including videos and refreshments.

This conference is brain food.

Participants need only bring an open mind and interest in learning, not their horses.

REGISTRATION

Please complete the registration form & include it with check or money order made out to **Osierlea** MAIL TO:
Osierlea

334 Mission Vineyard Rd
San Juan Bautista, CA 95045

OR

You may reply by email to osierlea@yahoo.com and mail check to Osierlea. (Please include the detailed information listed below)

Note: If you are registering after the April 22nd pre-registration date, we would appreciate notification of your intention to attend, and it may be best to bring check or cash with you, Vs. Snail Mail, if it is too close to the event.

Pre-Registration

Both days

\$250 per person if application is postmarked by April 22nd.

One day:

\$125 per person if application postmarked by April 22nd.

After April 22nd

Both days

\$260 per person if postmarked after April 22nd, or for walk-ins. Walk-ins Welcome!!

One day

\$135 per person if postmarked after April 22nd, or for walk-ins.

Local Accommodations:

Hacienda de Leal - San Juan Bautista

Posada de San Juan – San Juan Bautista

Best Western – Hollister

Fairfield by Marriot - Hollister

Motel 6 – Gilroy

Airbnb - San Juan Bautista (country house on 24 acres/horse people)

Area airports:

San Jose 1 hour

San Francisco 1 ½ hours

Oakland 1 ½ hours

Monterey 1 hour

Questions? Feel free to contact Laurel at 831 245 9686, or email Jeff at jashtonmoore@gmail.com

REGISTRATION FORM

Name: _____

Address: _____

Phone: _____

Email: _____

Attending which days? Saturday_____ Sunday_____