

OSIERLEA SPRING CONFERENCE

“The Power of Position to gain Mechanical Advantage”

Saturday & Sunday

May 4-5, 2019

9 AM to 4 PM – Registration begins at 8:30 AM

*Though based on Dressage Principles, riders of all disciplines are welcome!
Two days of lectures, demos, participation, & handouts!*

*Light lunch will be available at Osierlea on both days.
Immediately following the Saturday session there will be
an open discussion, including videos and refreshments.*

**This conference is brain food,
participants need only bring an open mind and interest in learning,
not their horses.**

A good position is essential - it provides the power of “Mechanical Advantage”

By attending the conference, you will also learn:

- *How the principles of Physics that govern all sports, apply to good riding*
- *The six physical influences of the rider*
- *About establishing a “State of Readiness” for both horse and rider*
- *The difference between a “Learned Response” and “Mechanical Effect”*
- *The difference between “aids” and “aid systems”*
- *The difference between “Stability,” “Suppleness,” and “Sloppiness”*
- *What “Balance” actually means*
- *The difference between “Being THE Influence” Vs “Being Influenced”*
- *What is meant by the terms “Biomechanics,” “Mechanical Advantage,” and “Mechanical Mode” (and why NOT mechanical devices)*

REGISTRATION

Please complete the registration form & include it with check or money order made out to **Osierlea**

MAIL TO: **Osierlea**

334 Mission Vineyard Rd
San Juan Bautista, CA 95045

OR

You may reply by email to osierlea@yahoo.com and mail check to Osierlea.
(Please include the detailed information listed below)

Note: If you are registering after the April 22nd pre-registration date, we would appreciate notification of your intention to attend, and it may be best to bring check or cash with you, Vs. Snail Mail, if it is too close to the event.

Pre-Registration

Both days

\$250 per person if application is postmarked by April 22nd.

One day:

\$125 per person if application postmarked by April 22nd.

After April 22nd

Both days

\$260 per person if postmarked after April 22nd, or for walk-ins. **Walk-ins Welcome!!**

One day

\$135 per person if postmarked after April 22nd, or for walk-ins.

Local Accommodations:

Hacienda de Leal - San Juan Bautista

Posada de San Juan – San Juan Bautista

Best Western – Hollister

Fairfield by Marriot - Hollister

Motel 6 – Gilroy

Airbnb - San Juan Bautista (country house on 24 acres/horse people)

Area airports:

San Jose 1 hour

San Francisco 1 ½ hours

Oakland 1 ½ hours

Monterey 1 hour

Questions? Feel free to contact Laurel at 831 245 9686, or email Jeff at jashtonmoore@gmail.com

REGISTRATION FORM

Name: _____

Address: _____

Phone: _____

Email: _____

Attending which days? Saturday _____ Sunday _____